



· COVENT GARDEN ·

AN IZAKAYA IS A CASUAL EATING AND DRINKING SPOT POPULAR ALL OVER JAPAN, LIKE A SPANISH TAPAS BAR OR A BRITISH PUB. AT FLESH & BUNS WE SHARE, FEAST AND DRINK SAKE.

SMALL PLATES

2-3 PER PERSON

EDAMAME 4.5

SEA SALT OR CHILLI BBQ

CHIPS & DIPS 5.5

RICE CRACKERS, AVOCADO SHISO
& TOMATO SALSA DIPS

BEEF FAT POTATO CHIPS 5.5

HUANCAINA CHEESE SAUCE, TOMATO ROCOTO

KOREAN FRIED WINGS 7.75

SPICY SOUR SAUCE, SESAME

FRIED SQUID 9.75

JAPANESE PEPPER, RED CHILLI & LIME

KALE & AVOCADO SALAD 6.75

RED DAIKON PICKLE, HONEY PONZU

CHICKEN YAKITORI 6.5

SHICHIMI PEPPER, SPRING ONION

GRILLED BROCCOLI 6.5

ORANGE MISO, BUBU ARARE

CORN TEMPURA 6

SEA SALT, CITRUS DRESSING, CHIVES

STEAMED RICE 3

- RAW & SUSHI -

SASHIMI SET 30.5

SALMON, TUNA, YELLOWTAIL,
SHRIMP & SCALLOP

MAKI SET 27.5

SALMON AVOCADO, PRAWN TEMPURA,
SPICY TUNA

MIXED SET 32.75

CEVICHE, SALMON, TUNA, YELLOWTAIL
SASHIMI, SALMON & AVOCADO MAKI

- SASHIMI -

SEARED TUNA 9.75

TUNA WITH TRUFFLE OIL

YELLOWTAIL & GRANITA 12.75

LIME SOY, CHILLI CORIANDER GRANITA

SALMON SASHIMI [2PC] 4.75

TUNA SASHIMI [2PC] 6.5

YELLOWTAIL SASHIMI [2PC] 6.75

SCALLOP SASHIMI 9.25

SEAFOOD CEVICHE 11

CITRUS DRESSING, CHILLI, CUCUMBER

- MAKI -

CALIFORNIA 11

CRAB MEAT, AVOCADO,
YUZU MAYO

SPICY TUNA 10.5

CHILLI MAYO,
DAIKON PICKLE, CHIVES

PRAWN TEMPURA 10.25

YUZU MAYO, AVOCADO

SALMON & AVOCADO 9.75

ASPARAGUS, DAIKON CRESS,
YUZU MAYO

AVOCADO MISO 7.25

ASPARAGUS, CARROT PICKLE,
BARLEY MISO

Our menu descriptions do not contain all ingredients. If you have a food intolerance or need information on allergens please ask.

All our chicken is halal. Please note that deep-fried items may be cooked in the same oil as other, non-vegetarian/non-halal ingredients.

A discretionary service charge of 12.5% will be added to all bills. Please note that due to a restriction in our lease, we are unable to provide any food or drink to take away.



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LARGE PLATES

FLESH & BUNS

ALL COME WITH 2 STEAMED BUNS

GRAIN-FED RIBEYE STEAK

BBQ SAUCE
RED ONION & SHIITAKE PICKLE

25.75

BBQ BEEF SHORT RIB

KOREAN DIPPING SAUCE,
RED ONION PICKLE

27.75

CRISPY DUCK LEG

PLUM SAUCE, BEETROOT PICKLE

19.25

LAMB SHANK

TERIYAKI & TOBANJAN MARINATED,
BLACKBERRY VINAIGRETTE

20.75

JAPANESE FRIED CHICKEN

BUTTERMILK MARINATED, RED CHILLI,
BBQ MAYONNAISE

17.75

CRISPY PIGLET BELLY

MUSTARD MISO, APPLE PICKLE

17.75

SALMON TERIYAKI

LEMON, SEA SALT, CUCUMBER PICKLE

19.75

MISO GRILLED AUBERGINE

SWEET MISO, SESAME,
CARROT & CUCUMBER PICKLE

13.75

PORTOBELLO MUSHROOMS

WASABI MAYO, RED ONION PICKLE

12.25

1/2 SPATCHCOCK CHICKEN 16.75

SPICY CITRUS MISO MARINATED,
CARROT PICKLE

- POKÉ DON -

FRESH POKE DONBURI FUSION

SPICY PORK 11.25

GOMA PONZU, FRIED CLARENCE COURT EGG,
CRISPY NOODLES, NORI, SESAME, STEAMED RICE

SPICY TUNA SASHIMI 11.25

CHILLI MAYO, TOMATO SALSA, BBQ CORN, EDAMAME,
PICKLES, CRISPY NOODLES, NORI, SUSHI RICE

CRISPY PIGLET BELLY 11.25

TOMATO SALSA, BBQ, CARROT PICKLE,
AVOCADO SHISO, NORI, STEAMED RICE

CHICKEN TERIYAKI 11.25

TERIYAKI SAUCE, GRILLED BROCCOLI, GRILLED SPRING ONION, COCK
SCRATCHINGS, OSEN EGG, SCHICHIMI, STEAMED RICE

SALMON TERIYAKI 11.25

TERIYAKI SAUCE, AVOCADO SHISO, SPRING ONION,
CRISPY NOODLES, FURIKAKE, STEAMED RICE

MISO GLAZED AUBERGINE 11.25

MAYO, CARROT PICKLE,
MIZUNA SALAD, STEAMED RICE

- HOT STONE RICE -

BEEF HOT STONE RICE 11.25

MUSHROOMS, SESAME BUTTER, CORN,
CARROT PICKLE, EGG

VEGGIE HOT STONE RICE 10.25

MUSHROOMS, SESAME BUTTER, CORN,
CARROT PICKLE, EGG

- DESSERTS -

SALTED CARAMEL CHOCOLATE

FONDANT 7.75
MATCHA ICE CREAM

S'MORE 8.75

STRAWBERRY MARSHMALLOWS,
ALMOND CHOCOLATE, GRAHAM CRACKERS

KINAKO DONUTS 7.75

BLACK SUGAR CUSTARD